

Pool & Fit Membership

Age Range: 18 and up

HALF YEAR

DAYS	START/END DATE	START/END TIME	FEE	SESSION #
M,Th	02/25/08-08/14/08	05:00-07:00P	\$100	7109-2
W,F	02/27/08-08/15/08	05:00-07:00P	\$100	7209-2
M,Th	08/18/08-02/12/09	05:00-07:00P	\$100	7109-3
W,F	08/20/08-02/13/09	05:00-07:00P	\$100	7209-3

FULL YEAR

M,TH	02/25/08-02/12/09	05:00-07:00P	\$145	7109-1
W,F	02/27/08-02/13/09	05:00-07:00P	\$145	7209-1

Members enjoy (1) hour of pool use and (1) hour of fitness room use or any combination of each of the allotted time of (2) hours. The memberships are available to adults 18 years of age and over. Ages 14-17 must be accompanied by an adult at all times, memberships may be purchased in conjunction with a parent's or guardian's membership. The fitness center is a 1500 sq. ft. state of the art fitness center and pool, offering the finest cardiovascular and strength training equipment available for people of all disabilities. When a National Holiday closes HFSC on a program day, members may choose any other weekday to exercise during that week from 5 - 7 pm. Location: Hospital for Special Care